

Monthly Newsletter

December 2025



In this newsletter
you can expect:

Christmas
Traditions

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News

Just Gifting
QR code

Dickensian
Event News

Events Dairy

Christmas Traditions



Christmas Cards

The first commercial Christmas cards were invented in 1843 by Sir Henry Cole after he played a key role in the introduction of the 'penny post' to Britain with stamped letters enabling the sender, rather than the recipient, to pay the postage cost. 'With the development of printing technology', writes J John, 'high-quality colour cards became cheaper and soon the sending of cards was an essential part of the Christmas season'.



during winter. it has also been associated with fertility. The tradition of kissing under the mistletoe was first recorded among servants in the 18th century.



Mince Pies

Twelfth - century European knights returning from Crusades in the Holy Land brought back recipes of meat cooked with fruit and sweet spices. In Tudor times, mince pies were made with meat, dried fruit, suet and spices, and it was only during the 19th century that the meat was switched for nuts, apple and raisins.



Mistletoe

'Romans saw mistletoe as an emblem of peace, love and understanding but also hung sprigs of it over doorways as protection from evil,' As one of the few plants that visibly thrives



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Sheppards Row Community Association News

The Sheppards Row Community Association along with Exmouth Town Council, Exmouth Library, Plastic Free Exmouth and Glenorchy Church is hosting a fun filled Christmas event on Saturday 6th December 2025.

From 09:30 to 12:30 Exmouth Library are hosting craft sessions, come along and make pompoms with Plastic Free Exmouth. If you would like a different Christmas jumper to wear this year then bring your old one along, in great condition please, and join in with the Great Christmas Jumper Swap!

Between 10:00 and 15:00 there will be Christmas baking at the Salvation Army Hall and a cookbook and cooking utensil swap too. The Exmouth Museum and Heritage Centre are welcoming Devon Loves Dogs who are using their courtyard as a base to make Christmas tree decorations with paw prints!

Barry and Laura will be welcoming you to the Exmouth Arms between 11:00 and 15:00 for a Taste the Difference event where you will be able to compare regular and vegan mince pies and alcohol mulled wine and alcohol-free mulled wine. From 14:00 to 17:00 The Exmouth Museum will open two of its galleries to visitors, find out how the museum is achieving its sustainability goals. Meet our volunteers and find out more about the history and heritage of Exmouth. Our museum shop will be open for stocking fillers, and we will be holding a Christmas raffle for museum funds, Victorian dress is optional!

During the event The Exmouth Town Band and local musicians will be playing some festive tunes.

This magical free event is promoting a sustainable and "Greener" Christmas.

Full Timetable of EVENTS throughout the day Saturday 6th December

9.30 - 12.30PM EXMOUTH LIBRARY,

Swap your Christmas jumper for a new one, pompom making and more.

10-3PM SALVATION ARMY HALL, SHEPPARDS ROW

Christmas Baking- sweet and savoury! Cookery book and utensils Swap. Get you bike ready for winter! Pine cone decorations, - Free refreshments - everyone is welcome.

10-3pm GLENORCHY HALL< EXETER RD.

Craft wreaths from leftover fabric, Lanterns from jam jars, & pen pots from tins! join the crafting fun for Free- all ages welcome.

10-3PM EXMOUTH MUSEUM, SHEPPARDS ROW

Bring your dog and make decorations with their paw prints, look out for Devon Loves Dogs outside the museum & don't forget your furry friend.

2-5pm DICKENSIAN EVENT AT THE EXMOUTH MUSEUM, SHEPPARDS ROW

With two galleries open, a raffle and heritage games, Discover how the museum is achieving its sustainability goal,

11-3 MUSIC WITH THE TOWN BAND & LOCAL MUSICIANS

Join us in and around Sheppards Row for some festive tunes!

11-3pm THE EXMOUTH ARMS, EXETER RD.

Can you taste the difference between plant-base and non plant-base? Challenge your taste buds in this tasty mince pie competition.



December 2025

Event News

Monday Evenings at 7pm each week for December

Quiz nights at The Grapevine, 7pm for 7.30pm all proceeds to the museum.

Saturday 6th December 2025 - Dickensian event, see article

Thursday 18th December 2025 - Christmas Museum Coffee Morning, at the Axis Centre, Market Street. (behind the cinema). Homemade cakes, Christmas Raffle

Thursday 18th December 2025 - Quiz Night, at The Wings Bar, Imperial Road, 7.15 for 7.45 start, teams of 6 or less £2 per person. all proceeds to the museum.

